



EXECUTIVE COACHING

Unlock your potential to maximize your performance.

Work with LTB Leadership in a thought-provoking and creative process that inspires you to maximize your personal and professional potential. The process of coaching often unlocks previously untapped sources of leadership, imagination, and productivity. LTB Leadership is your virtual thinking partner who will help you reframe, shift perspective, and redefine yourself.



Virtual Coaching

Flexible hours means clients can book when it's convenient.



Memberships & Boards

Membership holder of International Coaching Federation (ICF).
Certified facilitator for Core Strengths & SDI 2.0 personal assessments.



Educated & Experienced

Obtained Certificate in Executive Coaching through Royal Roads University in Victoria, BC. Experience in coaching individuals, executives, colleagues and teams.



Peer Approved

Contact info available on request.
Twila Walkeden
Vern Sabeski
Lynn Wark



Continued Learning

Constant learning and participation in webinars, workshops and conferences as well as continual reading and research on the topic of executive coaching.



Confidential & Trustworthy

As a member of ICF, following their code of conduct and confidentiality terms are of the utmost importance.



Lana T. Bayle, founder of LTB Leadership, understands the importance of having an executive coach to help you explore challenges, issues, and options in both work and personal life, so that clients can lead their best lives with ease and grace. Whether you are an executive, self-employed, a student, or between careers, Lana will help you to find the solutions and directions that help you be your best self.

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