



SDI ASSESSMENTS

Building Relationships and Strengthening Teams

Empower your team to recognize their own strengths and motives while learning to appreciate those of others. A team's true potential is reached when members learn to put their own individual need for success aside and focus on the collective success of everyone. The best way to build trust within your team is by learning about the people on it; how to best communicate with them; and, to actively listen to what they have to say.

SDI Assessments provide tools to help strengthen relationships and communication while providing a safe environment to be authentic and vulnerable, hence building trust. These tools, along with staying curious, help your team to listen to understand rather than to simply just reply.



Workshops

Typically, two 3-hour workshops, virtually or in person, where individuals will learn more about themselves as well as the team they work with.



Memberships & Boards

Membership and Partner Agreement with Core Strengths



Educated & Experienced

Certified Facilitator with Core Strengths with experience in both virtual and in person workshops.



Peer Approved

Contact info available on request.
Braedan King – *Teranet Inc.*
Cody Morigeau – *Ktunaxa Nation*
Cheryl Webb – *Hamilton District Christian High*



Continued Learning

Constant learning and participation in webinars, workshops, and conferences as well as continual reading and research on the topic of relationship building.



Confidential & Trustworthy

Your privacy and confidentiality are of the utmost importance.



Lana T. Bavle, founder of LTB Leadership, understands the importance of building relationships in creating a successful team. As a Certified Facilitator for Core Strengths, LTB Leadership helps teams to know how to speak each other's language and show up with the right strengths for the moment — all while staying true to their intrinsic motives and values. So if results are your goal, let relationships be the glue.

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